

Ski-fit Massage

A leg and foot massage for the tired legs of skiers, intended to make muscles supple so that the next days of your holiday continue to be fun. If you opt for the knee treatment, we will spend more time massaging the knee area.

ca.25 min. | **47 €**

ocused on the knee **ca.45 min | 76 €**

Foot reflexology Massage

Reflexology body treatment through the feet, identifies weaknesses and treats them as needed.

ca.25 min. | **54 €**

Lymphatic drainage

Soft, flowing and pumping massage to clear blockages and detoxify. Very soothing whilst removing built-up fluid in tissue.

of the face **ca.20 min. | 42 €**

of the body **ca.25 min. | 56 €**

of the body **ca.50 min. | 102 €**

Classic facial Massage

Designed to nurture, pamper and relax.

ca.20 min. | 42 €

Tissue Massage with Cupping

ca.45 min. | 84 €

Head free Massage

During this massage, the head, neck and shoulders are massaged, both the muscles and the scalp are relaxed, this can reduce tension headaches or provide a complete solution.

ca.25 min. | 47 €

Back Massage with Cupping

Begins with a relaxing back massage. Then, blockages in the skin layers and fasciae of the back are removed by means of cupping glasses, which simultaneously intensify blood flow and reduce muscle tension.

ca.45 min. | 84 €

cupping only **ca.20 min 47 €**

Back fascia treatment

During this treatment, the fasciae and the muscles of the back are treated with special techniques and special tools. These tools were specifically developed for the treatment of fasciae.

ca.25 min. | 54 €

Kids' Massage with chocolate oil

With pleasant massage holds and stroking motions, the legs and back are pampered. Those who prefer can enjoy the treatment with chocolate oil. After the massage comes a sweet surprise.

ca.20 min. | 42 €

Tissue Massage

A stimulating massage that is very intensive, removes blockages in skin layers and fasciae, boosts blood flow and has reflex benefits for the organs. The treatment focuses on the back.

only tissue massage **ca.20 min. | 47 €**

tissue and back massage **ca.45 min. | 84 €**

For an additional charge, we are happy to extend the length of treatment. All prices incl. VAT; Status: 10/2023; Valid in Obertauern; Subject to change, not liable for errors or inaccuracies! No-shows or appointments not canceled in timely fashion (min. 12 hours in advance) will be charged in full. Thank you for your cooperation.